


## Mental Well-Being-Adults


Service	How they Support	Contact
Salford Assist 	Salford Assist is a Salford City Council scheme that can offer short term support to people who are in a crisis, emergency or major disaster situation.  <u>How do you apply for help from Salford Assist? - Salford City Council</u>	Online Application <a href="https://www.salford.gov.uk/advice-and-support/salford-assist/how-do-you-apply-for-help-from-salford-assist/">https://www.salford.gov.uk/advice-and-support/salford-assist/how-do-you-apply-for-help-from-salford-assist/</a>

Mental Health Drop In Centres and links:	Community Mental Health Teams in Salford - To refer yourself to this service, please contact your GP.	Cromwell House- Eccles - Telephone: 0161 357 1280 Prescott House- Little Hulton - Telephone: 0161 357 1202
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Domestic Abuse Support - Safe in Salford	Safe in Salford is your one front door for domestic abuse support in Salford. It is funded by Salford City Council. There are five elements to the partnership: -Crisis Service (Independent Domestic Violence Advocates, or IDVAs) for Victims -Advice and Support Service for Victims -Specialist Support for GPs (known as IRIS) Children and Young People's Support (Harbour) -Behaviour Change Programmes for Perpetrators	Safe in Salford Domestic Abuse Service - 0161 793 3232  To help us keep our phonenumber free for urgent support, please email us in- <a href="mailto:fo@safesalford.org.uk">fo@safesalford.org.uk</a> where possible.
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## Mental Well-Being- Children

Service	How they Support	Contact
Buttle UK	Support for children in crisis.	Online Application <a href="https://buttleuk.org/apply-for-a-grant/">https://buttleuk.org/apply-for-a-grant/</a>
BBC Children in Need 	Emergency Essentials programme supports individual children and young people living with severe poverty, a lack of the basic facilities which most of us take for granted and additional pressures such as domestic violence, disability or poor health in the family.	Online Application <a href="https://www.bbcchildreninneed.co.uk/grants/apply/">https://www.bbcchildreninneed.co.uk/grants/apply/</a>

Mental Health support for young people.	The Mix: online emotional health and wellbeing support for under 25s.	Helpline: 0808 808 4994 <a href="http://www.themix.org.uk">www.themix.org.uk</a>
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## Other services

Service	How they Support	Contact
Bereavement support	Help and support - There are many organisations which provide bereavement help and support.	<u>Bereavement support - Salford City Council</u> - <a href="https://www.salford.gov.uk/births-marriages-and-deaths/dealing-with-a-death/bereavement-support/">https://www.salford.gov.uk/births-marriages-and-deaths/dealing-with-a-death/bereavement-support/</a>
Parental substance misuse	Whole family support affected by parental substance misuse. Early Break/ Holding Families	Online Referral - <a href="https://earlybreak.co.uk/referrals/">https://earlybreak.co.uk/referrals/</a> <a href="https://earlybreak.co.uk/what-we-do/family-services/holding-families-programme-2/">https://earlybreak.co.uk/what-we-do/family-services/holding-families-programme-2/</a>

# Safeguarding Team

Safeguarding the welfare of children & young people is everyone's responsibility. If you are worried about a child, it is important that you share your concerns with somebody from the Safeguarding Team.

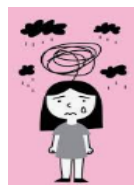
	Miss Fielding Headteacher & Designated Safeguarding Lead
	Mrs Carr Deputy Headteacher Safeguarding Team
	Miss Bethany Safeguarding Team

Alternatively, you can call confidentially The Bridge Team:

**0161 603 4500** or make your own referral on the 'Worried about a Child' portal.

<https://www.salford.gov.uk/worried-about-a-child>

**Emergency Duty Team: 0161 794 8888**



## Help and Support for Families



Here a list of universal services and support that are on offer for all of our families.

If you would like to have a chat about any of these services then please do not hesitate to contact a member of the Safeguarding Team:

Miss Fielding-Head teacher

Mrs Carr-Deputy Head teacher

Miss Bethany-Family Support and Attendance Officer

**WHARTON PRIMARY SCHOOL**

**PHONE: 0161 790 4473**

Email: [SGWharton@thelinkeducationtrust.co.uk](mailto:SGWharton@thelinkeducationtrust.co.uk)



## Finances



### Service How they Support

**Welfare Rights** Benefit entitlement advice. Benefit refusal advice and assistance (including Universal Credit challenges); Incorrect deductions; [sanctions](#) or awards. Representation at social security appeal tribunals.

**The Skills and Work team at Salford City Council** Support with finances, employment and training, is a supportive service that works with unemployed people over the age of 25 to get help to find information and advice about jobs and training.

**Wood Street Mission** Can help with children's clothes, toys, bedding, baby equipment and toiletries through our Family Basics service, from our base here in Manchester City Centre. You and your family can come along to our Book Clubs, to pick up books to take home and have a fun morning together each school holiday. Our Smart Start\* project can help you with school uniform and other school kit for your children, and at Christmas we can help with gifts for your children.

**Mustard Tree** Food Club Furniture Clothes

**Loaves and Fishes** Support to people in need. Support with hot food and drinks, donations, CAB, support and advice on more.

**Big Local Little Hulton - COMMUNITY Little Hulton** Support to people in need. Support donations, courses, community involvement and advice, food markets and youth offer.



**Human's MCR** Support for food poverty.

**Support and advice** Our Spirit of Salford Helpline is still available for you to get help, support and advice on lots of different issues that you might be facing at the moment, including advice about help and support for cost of living rises

### Contact

Online Referral  
<https://www.salford.gov.uk/advice-and-support/welfare-rights-and-debt-advice-service/contact-us-for-advice/>

<https://www.salford.gov.uk/jobs-skills-and-work/get-in-touch-for-further-support/>

<https://www.salford.gov.uk/jobs-skills-and-work/>

Online Referral  
<https://www.woodstreetmission.org.uk/>



Online Referral  
<https://mustardtree.org.uk/>

<https://www.salfordloavesandfishes.org.uk/index.asp?>

<https://en-gb.facebook.com/BigLocalLittleHulton/>  
0161 790 7072  
contact Alison Jones by email at [alison.jones@communitylittlehulton.co.uk](mailto:alison.jones@communitylittlehulton.co.uk)

<https://www.communitylittlehulton.co.uk/>

<https://humansmcr.org/ask-for-help/>

**Spirit of Salford:**  
0800 952 1000  
**Spirit of Salford Helpline** - Salford City Council  
**Link for Citizens Advice Bureau (CAB):**  
**Citizens Advice**

## Pre-Nursery

### Service How they Support Contact

Stork



Stork Support Project delivering baby essentials to families in hardship. Support for parents.

Online Referral - <https://www.visitfromthestork.co.uk/stork-support-make-a-referral/>

Home Start - Salford families where there is at least one child under the age of 2

Home-Start helps families with young children deal with whatever life throws at them. Supporting parents as they learn to cope, improve their confidence and build better lives for their children.

Online Referral - <https://hsts.org.uk/>  
Contact us by calling 0161 865 4222  
By post at Home-Start Trafford, Salford & Wigan, Salford Early Help Hub, 9 Poplar Road, Salford, M32 9AN  
Email us at [admin@hsts.org.uk](mailto:admin@hsts.org.uk)



Tiny Happy People - child development

Support with isolation, mental health, poverty, domestic abuse, no family network etc.

Tiny Happy People is here to help you develop your child's language skills. Explore our simple activities and play ideas and find out about babies and toddlers' amazing early development.

[Children's language development and parenting advice - BBC Tiny Happy People](#)

Early years and preparation for school

Your child's brain grows better when you do five simple things that feed the growing brain: respond, cuddle, relax, play and talk. These are your child's daily five to thrive.

Please see below link for Salford's Five to Thrive Information:  
[Early years and preparation for school - Salford City Council](#)

## Community Support

### Service How they Support Contact

Rainbow Haven

Community Drop - in sessions for refugees, asylum seekers and vulnerable migrants.

[info@rainbowhaven.org.uk](mailto:info@rainbowhaven.org.uk)

Society Inc



Provide mentoring and befriending to anyone who lives in or has a strong association to the area.

Online Referral  
<https://www.societync.org/>

## Housing

### Service How they Support Contact

Salford Home Search

Salford Home Search is a way of letting properties in Salford, for independent living. This scheme gives you more choice when looking for your new home in Salford.

<https://cbl.salfordhomesearch.co.uk/choice/>  
<https://www.salford.gov.uk/housing/find-a-home-including-social-housing/renting-a-home/renting-from-a-council-or-housing-association/>

Salford Housing Options Point (SHOP)

Advice and assistance on housing and housing related issues such as:  
-Housing advice and options tailored to your specific housing needs and circumstances.  
-Assistance with [rehousing options and with bidding on the council's allocations system](#).  
-Mortgage arrears and mortgage repossession.  
-Rent arrears and [rent repossession](#)  
Problems with [debts and unaffordability of accommodation](#).  
-Disrepair and landlord/tenant disputes.  
-Private sector accommodation including access to [Salford's Rental Bond Scheme](#).  
-Housing related floating support to help maintain your tenancy.  
-Accessing housing resettlement grants.

<https://www.salford.gov.uk/housing/housing-advice-and-support/salford-housing-options-point-shop/>

Opening hours are:  
8.30am to 4.30pm on Monday, Tuesday, Wednesday and Friday  
10am to 4.30pm on Thursday  
Email: [housingadvicecentre@salford.gov.uk](mailto:housingadvicecentre@salford.gov.uk)

Salford Housing Options Point (SHOP) have now moved to:  
Ground Floor, Salford Civic Centre  
Chorley Road  
Swinton  
M27 5AD



## Support with Parenting

### Service How they Support Contact

Online support and resources for parents

Key parenting messages which will help support your child to grow into confident, emotionally resilient and independent young people.

<https://inourplace.heiapply.com/online-learning/>  
You will see an orange box at the top that says Access code. Enter: EARLYHELP This will then take you to a registration page where you can log in and start the course.

If you would like more information on parenting support offered in Salford then please contact the [parenting portal](#).  
<https://childrensportal.salford.gov.uk/web/portal/pages/booking/por#parent>

[Being a parent - Salford City Council](#) - <https://www.salford.gov.uk/children-and-families/early-help-for-families/being-a-parent/>  
[Online support and resources for parents - Salford City Council](#) - <https://www.salford.gov.uk/children-and-families/early-help-for-families/salford-relationships-matter/online-support-and-resources-for-parents/>



Salford Family Relationships

Salford Family Relationship Service sits under the wider umbrella of the Early Help service. Salford Family Relationships includes parenting, strengthening families and Family Group Conferencing. Strong relationships help us meet the needs of our families. We recognise that most of us look to our partners, friends, and wider family as we navigate the daily pressures of life. However, we know that when we are under pressure sometimes this can affect our relationships.

[Early help for families - Salford City Council](#)

Please see Early Help Link below should you need it in the future:  
<https://www.salford.gov.uk/children-and-families/early-help-for-families/>



Place2Be Parenting Site

This is a site for parents and carers of 4-11 year olds offering practical advice on supporting your child to manage their emotions.

[Parentingsmart.org.uk](http://Parentingsmart.org.uk)

Parenting Smart-Online Course

This is a 7-week course that you can access on your mobile phone, tablet or other device. The course aims to help you strengthen your relationship with your child and respond helpfully to challenging behaviour.

[Place2be.org.uk/family](http://Place2be.org.uk/family) or you could talk to the Place2Be staff member in school.